

Emotional Support Chicken
Patriotic Version
Martha Wash-HEN-ton



Based on the Emotional Support Chicken pattern on Ravelry
<https://www.ravelry.com/patterns/library/emotional-support-chickentm>

Note – these instructions are my own adaptation of the above pattern. You need to purchase the pattern for these instructions to make sense!

You will need – Red yarn, white yarn, blue yarn, small amounts of waste yarn for Provisional Cast On

Yarn used in my sample – Hobby Lobby, I Love This Yarn, worsted (#4) weight
Size 7 (US) / 4.5 mm circular needles

Patriotic Chicken Variation Instructions

Note – when working on the Tail section, there is a “straight” edge which will be attached to the body of the chicken and the “jagged” edge will be eventually sewn closed to finish the chicken.

In these instructions the straight edge is called the “Body Edge” and the jagged edge is called the “Tail Edge.”

FIRST (Left) HALF OF TAIL

Using waste yarn, Provisional Cast on 19 stitches.

By using the Provisional Cast on, you will be able to pick up stitches MUCH easier when putting the Chicken together!

Directions for, both written and video, on how to do a Crochet Provisional Cast On
<https://nimble-needles.com/stitches/how-to-knit-a-provisional-cast-on-with-a-crochet-hook/>

Using the RED yarn, K 2 rows.

When working the Tail Section, **ALWAYS** Slip the first stitch of the Body Edge as if to purl. On the return row, Knit the last stitch. This will make a VERY nice edge will make picking up the stitches for the body MUCH, MUCH easier.

Example - Step 2 – Sl1, K3, w&t, K4.

Continue working the pattern as written, following the instructions until **Step 16**. Remember to Slip the first stitch!

Step 16 – Change to WHITE yarn. When changing yarn color, slip the first stitch in the previous color and begin to change color on the second stitch.

Here is a great video on how to (somewhat) easily change yarn colors using the Weavin’ Stephen technique <https://youtu.be/Fz292NAjH2M?si=Yf6ItF6Btue0G7qQ>

Continue working the pattern as written, following the instructions until **Step 25**. Remember to Slip the first stitch!

Step 25 – Change to BLUE yarn. Change color as above.

Continue working the pattern as written, following the instructions until **Step 35**. Remember to Slip the first stitch!



Tail Variation #1 - SOLID COLOR TAIL POINT #3. Continue working pattern with BLUE YARN. DO NOT BIND OFF!! Slip these stitches to another circular needle, or on to waste yarn, or to a stitch holder. This needle can be a size smaller or larger than your working needle.

Tail Stars Variation #2 - Tail Stars

Step 35 - Follow the **Tail Star Chart #1 - Left Half, Page 5** for 8 rows.

After working the chart, DO NOT BIND OFF!! Slip these stitches to another circular needle, or on to waste yarn, or to a stitch holder. This needle can be a size smaller or larger than your working needle.

SECOND (Right) HALF OF TAIL

Using waste yarn, Provisional Cast on 19 stitches.

Using RED yarn, knit 2 rows. Continue working the pattern as written, following the instructions until **Step 16**. Remember to Slip the first stitch!

Step 16 - Knit 1 row Red.

Step 17 - Change to **WHITE yarn**. The yarn will change color at the **TAIL EDGE!**
Knit 2 rows.

Continue working the pattern as written, following the instructions until **Step 25**. Remember to Slip the first stitch!

Step 25 - Knit 1 row White.

Step 26 - Change to **BLUE yarn**. The yarn will change color at the TAIL EDGE!
Knit 2 rows.

Continue working the pattern as written, following the instructions until **Step 35**. Remember to Slip the first stitch!

Tail Variation #1 - SOLID COLOR TAIL POINT #3. Continue working pattern with BLUE YARN. DO NOT BIND OFF!! Slip these stitches to another circular needle, or on to waste yarn, or to a stitch holder. This needle can be a size smaller or larger than your working needle.

Tail Variation #2 - Tail Stars

Step 35 - Follow the Chart - **Tail Star #2 - Right Half on Page 7** for 8 rows

After working the chart, DO NOT BIND OFF!! Slip these stitches to another circular needle, or on to waste yarn, or to a stitch holder. This needle can be a size smaller or larger than your working needle.

PUT THE TAIL PIECES TOGETHER

Place both tail pieces next to each other, right sides up. Both "ending" blue yarn tails should be at the Tail Edge.

Bind Off the Tail Stitches using this 3 Needle Bind Off technique

<https://youtu.be/yTc4rdHfIJA?si=RFr2nZGbxHaP43i7>

To make life easier later, weave in yarn tails now.



Flat 3 Needle Bind Off for Tail of Emotional Support Chicken - The Yarn Randomizer

CHICKEN BODY - Continued

With BLUE yarn, pick up the number of tail stitches that are in the purchased pattern.

When picking up the stitches, put the tip of your needle under BOTH of the “legs” of the (slipped) edge stitches and pull the yarn through to make a stitch. See the Step by Step instructions on **Page 8**.

Next Row (WS) Knit one row with **BLUE** yarn.

Note – if you are a stitch or two off, increase or decrease along this row.

Follow the chart on **Page 9** to work the Mosaic “Stars” pattern on the next 12 rows.

SHAPE CHICKEN BREAST

Follow the pattern instructions with the **WHITE** yarn.

NECK

Follow the chart on **Page 10** to make the Mosaic Stars pattern on the neck.

The decreases in the pattern **ARE INCLUDED** in the chart below.

To help with the placement of the center decreases, place a marker after **Stitch #31**.

HEAD

Short Row series #1 – change to WHITE yarn and continue working the pattern as written.

BEAK

To make the beak a little longer, work as follows –

With **Yellow** yarn, Knit 3 Rows, Row 4, Slip as to purl, Purl to the last stitch, K 1.

Continue working the Beak pattern as written, remembering to slip the first stitch as you have been doing.

When done, break yarn, weave in ends. Add the eyes and make the Comb and Wattle as in the pattern.

UNDERSECTION

My Undersection shaping is the **SAME** as the purchased pattern with the changes explained below.

Follow the charts for the Undersection I have created by following the charts below. Note that my undersection has 2 extra stitches to allow for the slip the first stitch as to purl.

If you would prefer not to have the Mosaic Stars on your Undersection, just work all the Blue yarn rows with no pattern. This is **YOUR** choice.

K – knit

S - (RS) with yarn in back, slip the next stitch as to knit. (WS) with yarn in front, slip the next stitch as to knit.

SP - Edge Stitch - With the yarn in front, Slip the first stitch as to PURL

DS - Dip Stitch - Insert needle in front of stitch in the 2nd row below the next stitch on the LH needle, (1 Garter Stitch Ridge) and draw through a loose loop; slip the loop onto the LH needle and K2tog-TBL. **See the Step by Step photos on the previous page**

TBL - through the back loop(s)

SKPO – slip one stitch, knit the next stitch, pass the slip stitch over the knit stitch - 1 stitch decreased

K2T – knit 2 stitches together (decrease)

SK2TPO – slip one stitch, knit the next 2 stitches together, pass the slip stitch over the knit stitch - 2 stitches decreased

[illegible]

Yarn	Stitches
 White	 K
 Blue	 DS
	 S
	 SP

Note—the SP edge is the Body Edge

Blue - Row 35: Blue - SP, K21

Blue - Row 36: Blue - K 22

White - Row 37: SP, K1 [K1, DS, K1, S]
4 times, K1, DS, K2

White - Row 38: K4, S, [K3, S] 3 times, K 5

Blue - Row 39: SP, K1 [K1, S, K2] 4 times, K1, S, K2

Blue - Row 40: K2, S, K1, [K2, S, K1] 4 times, K2

Blue - Row 41: SP, K21

Blue - Row 42: K 22



Finished Tail Stars #1 - Left Half

How to knit the Dip Stitch



Insert needle in front of
stitch in the 2nd row below
the next stitch on the Left
hand needle,
(1 Garter Stitch Ridge)



Draw a loose loop through
the (previously) knit
stitches



Place this loop on the left
hand needle.



Knit the new loop and the
original stitch (2 stitches)
together through the back
loops. This will "twist" the
stitches so the new (white)
yarn is in front.



Knit the next (white) stitch
and slip the next (blue)
stitch. Notice how the Dip
Stitch stretches and
"surrounds" the row below.

Close view of four Stars
with the Dip Stitch.



44	SP																	43
42	SP				S			S			S			S				41
40	SP			S			S			S			S			S		39
38	SP			S		▽		S		▽		S		▽		S		37

	K
	DS
	S
	WS: SP

A completed knitted pennant, likely for a boat, featuring a red, white, and blue color scheme. The pennant is made of a textured knit fabric and has a central blue section with white decorative stitching. It is shown against a wooden background.

Tail Sections together with 3 Needle Bind Off

How to pick up stitches



Insert needle under BOTH of the "legs" of the slipped edge stitch.



Bring the working yarn around the needle and through the legs of the slipped stitch. One stitch has been made.



Insert the needle under the legs of the next slipped stitch.



Bring the working yarn around the needle and through the legs of the slipped stitch. A second stitch has been made.

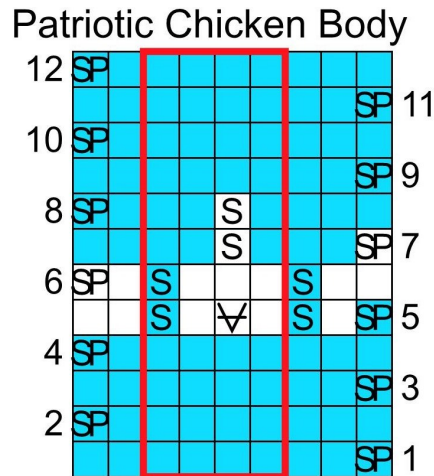


Continue to bring up the working yarn under the legs of **EACH** slipped stitch. 8 stitches have been picked up in the above photo.

As you pick up the (new) stitches, a "ridge" will form. This ridge will be on the **WRONG** side of your work.

The total picked up stitches are at the body edge of the tail section, ready to be knit.





Patriotic Chicken Body Written Instructions

Abbreviations – Page 5

Blue - Row 1: SP, K 72

Blue - Row 2: SP, K 72

Blue - Rows 3-4: Repeat Rows 1-2

White - Row 5: SP, K1, S, [K1, DS , K1, S] 17 times, K2

White - Row 6: SP, K1, [S, K 3] 17 times, S, K2

Blue - Row 7: SP, K2, [K1, S, K2] 17 times, K2

Blue - Row 8: SP, K1, [K2, S, K1] 17 times, K3

Blue - Row 9: SP, K72

Blue - Row 10: SP, K 72

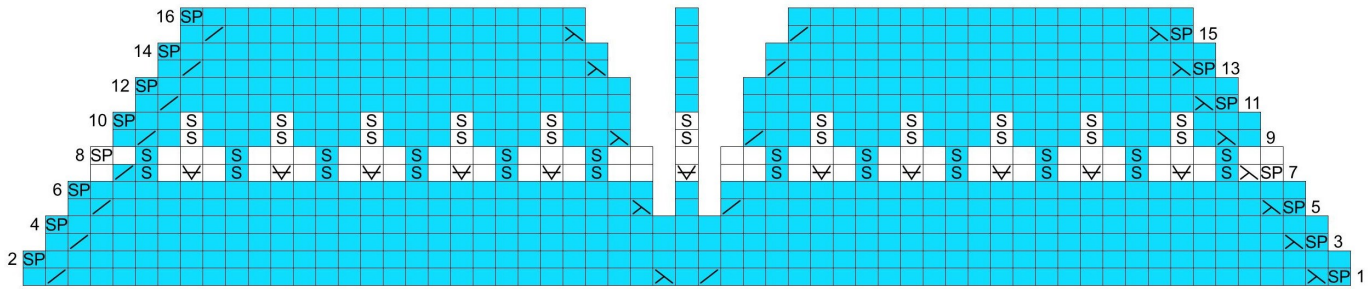
Blue - Rows 11-12: Repeat Rows 9-10

After working the chart / instructions above, change to **RED** yarn and Knit 4 rows, remember to slip the first stitch as to purl!

With the **RED** yarn, continue working the Chicken Body following **Steps 3 to 24** on Page 3.

After completing Step 24, change to **WHITE** yarn and Knit 2 Rows. (Note – these are extra rows and NOT on the pattern!)

Patriotic Chicken Neck



Stitches
 □ K
 ▤ K2T
 ✕ SKPO
 ▽ DS
 □ S
 □ SP

Note – the “empty” spaces in the middle of the chart indicate the decreased stitches which no longer exist.

Patriotic Chicken Neck Written Instructions

Abbreviations – Page 5

Note – the numbers in the () at the start of the row indicate the number of stitches on the needle **before** working the decreases in that row. The numbers in the () after the instructions is the number of stitches on the needle **after** working the decreases in that row or the number of stitches on a wrong side row.

Blue - Row 1: RS (63 sts) - SP, SKPO, K26, K2T, K1, SKPO, K26, K2T, K1 (59 sts)

Blue - Row 2: SP, K58 (59 sts)

Blue - Row 3: (59 sts) - SP, SKPO, K53, K2T, K1 (57 sts)

Blue - Row 4: SP, K 56 (57 sts)

Blue - Row 5: (57 sts) - SP, SKPO, K23, K2T, K1, SKPO, K23, K2T, K1 (53 sts)

Blue - Row 6: SP, K 52 (53 sts)

White - Row 7: (53 sts) - SP, SKPO, S, [K1, DS , K1, S] 5 times, K2, DS, K2, S, [K1, DS , K1, S] 5 times, K2T, K1 (51 sts)

White - Row 8: SP, K, S, [K 3, S] 5 times, K2, S, K2, S, [K 3, S] 5 times, K2 (51 sts)

Blue - Row 9: (51 sts) SP, SKPO, [K1, S, K2] 5 times, K2T, K1, SKPO, [K2, S, K1] 5 times, K2T, K1 (47 sts)

Blue - Row 10: SP, [K2, S, K1] 5 times, K4, [K2, S, K1] 5 times, K2 (47 sts)

Blue - Row 11: (47 sts) - SP, SKPO, K41, K2T, K1 (45 sts)

Blue - Row 12: SP, K 44 (45 sts)

Blue - Row 13: (45 sts) - SP, SKPO, K17, K2T, K1, SKPO, K17, K2T, K1 (41 sts)

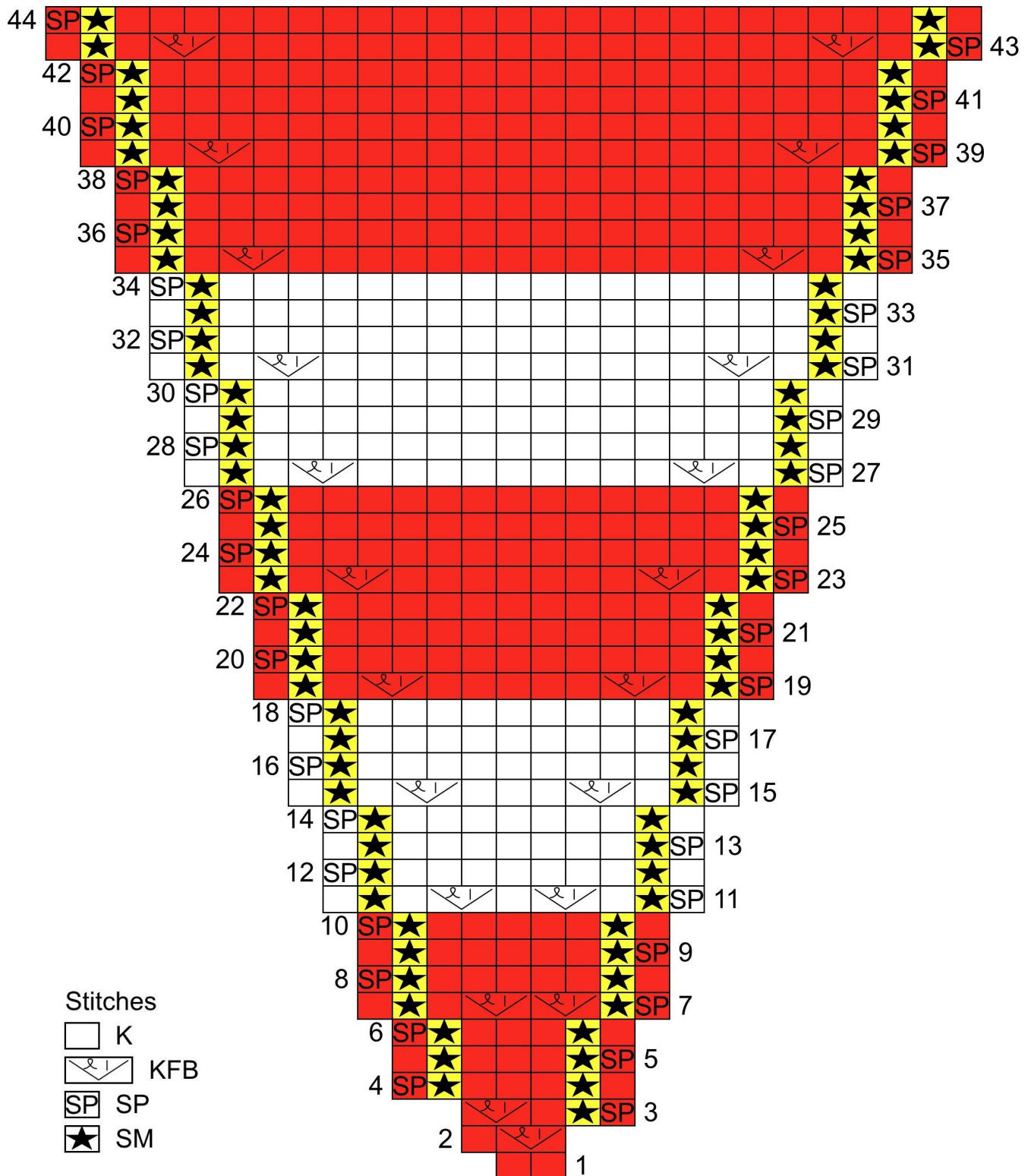
Blue - Row 14: SP, K 40 (41 sts)

Blue - Row 15: (41 sts) - SP, SKPO, K15, K2T, K1, SKPO, K15, K2T, K1 (37 sts)

Blue - Row 16: SP, K 36 (37 sts)

Row 17 – Change to **RED** yarn and continue working the pattern as written.

Undersection - Bottom



Note – the YELLOW STAR indicates a stitch marker. Slip the markers on each row.

Patriotic Chicken- Bottom Half of the Undersection Written Instructions

Abbreviations – Page 5

PM - Place marker

RED yarn, cast on 2 stitches

Red – **RS** - Row 1: K2 (2 sts)

Red - Row 2: K1, KFB (3 sts)

Red - Row 3: SP, PM, K1, KFB, K1 (4 sts)

Red - Row 4: SP, PM, K3, SM, K1 (5 sts)

Red - Rows 5-6: Repeat Row 4

Red - Row 7: SP, SM, KFB, KFB, K1, SM, K1 (7 sts)

Red - Row 8: SP, SM, K5 , SM, K1 (7 sts)

Red - Row 9-10: Repeat Row 8

White - Row 11: SP, SM, K1, [KFB, K1] twice, SM, K1 (9 sts)

White - Row 12: SP, SM, K7 , SM, K1 (9 sts)

White - Row 13-14: Repeat Row 12

White - Row 15: SP, SM, K1, KFB, K3, KFB, K1, SM, K1 (11 sts)

White - Row 16: SP, SM, K9 , SM, K1 (11 sts)

White - Row 17-18: Repeat Row 16

Red - Row 19: SP, SM, K1, KFB, K5, KFB, K1, SM, K1 (13 sts)

Red - Row 20: SP, SM, K11 , SM, K1 (13 sts)

Red - Row 21-22: Repeat Row 20

Red - Row 23: SP, SM, K1, KFB, K7, KFB, K1, SM, K1 (15 sts)

Red - Row 24: SP, SM, K13 , SM, K1 (15 sts)

Red - Row 25-26: Repeat Row 24

White - Row 27: SP, SM, K1, KFB, K9, KFB, K1, SM, K1 (17 sts)

White - Row 28: SP, SM, K15 , SM, K1 (17 sts)

White - Row 29-30: Repeat Row 28

White - Row 31: SP, SM, K1, KFB, K11, KFB, K1, SM, K1 (19 sts)

White - Row 32: SP, SM, K17 , SM, K1 (19 sts)

White - Row 33-34: Repeat Row 32

Red - Row 35: SP, SM, K1, KFB, K13, KFB, K1, SM, K1 (21 sts)

Red - Row 36: SP, SM, K19 , SM, K1 (21 sts)

Red - Row 37-38: Repeat Row 36

Red - Row 39: SP, SM, K1, KFB, K15, KFB, K1, SM, K1 (23 sts)

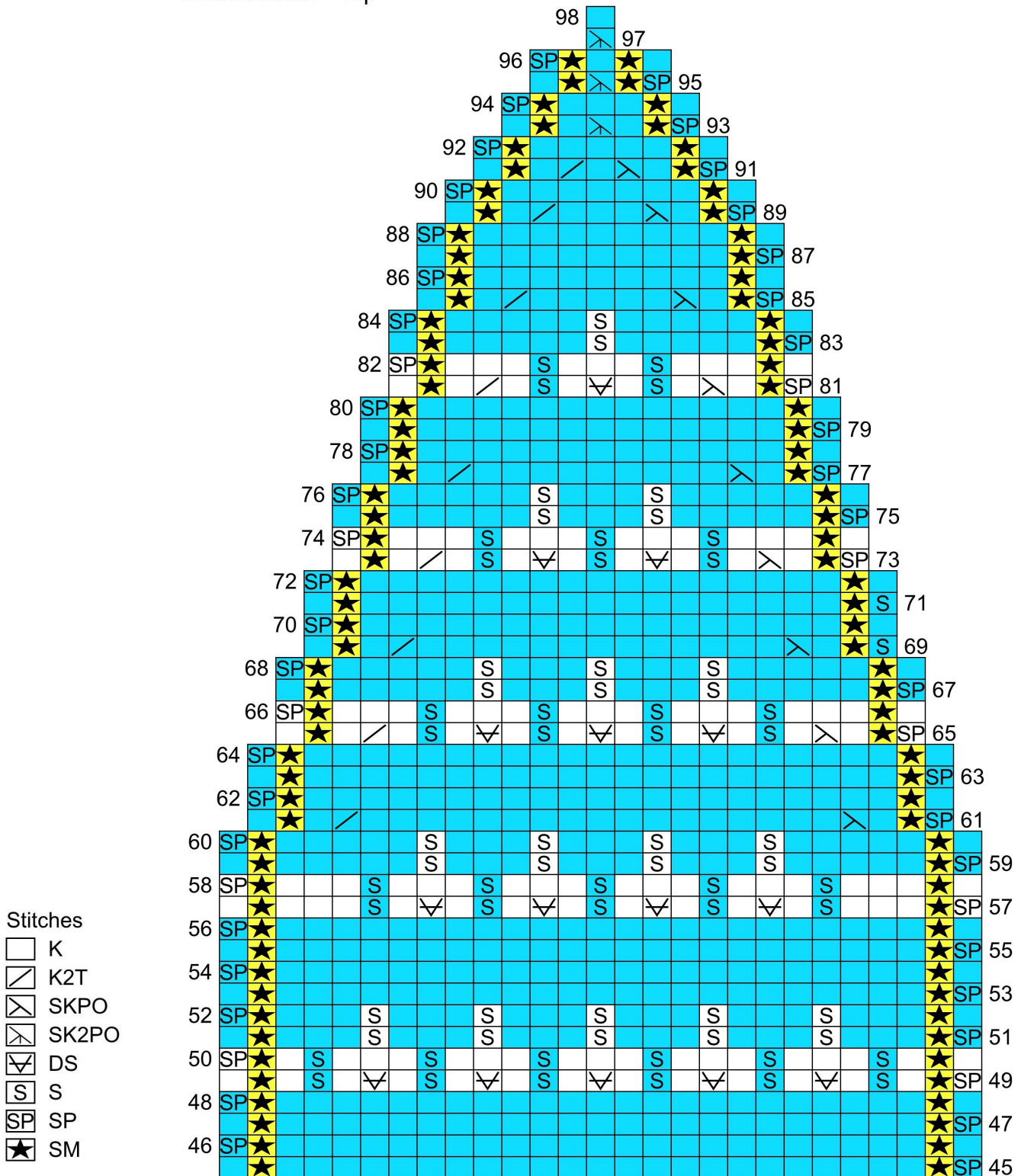
Red - Row 40: SP, SM, K21 , SM, K1 (23 sts)

Red - Row 41-42: Repeat Row 40

Red - Row 43: SP, SM, K1, KFB, K17, KFB, K1, SM, K1 (25 sts)

Red - Row 44: SP, SM, K23, SM, K1 (25 sts)

Undersection - Top



Note – the YELLOW STAR indicates a stitch marker. Slip the markers on each row.

Patriotic Chicken- Top Half of the Undersection Written Instructions

Abbreviations – Page 5

Decrease Row - *

Blue - Row 45: SP, SM, K23, SM, K1 (25 sts)

Blue - Rows 46-47-48: Repeat Row 45

White - Row 49: SP, SM, K1, S, [K1, DS, K1, S] 5 times, K1, SM, K1

White - Row 50: SP, SM, K1, S, [K3, S] 5 times, K1, SM, K1

Blue - Row 51: SP, SM, K2, [K1, S, K2] 5 times, K1, SM, K1

Blue - Row 52: SP, SM, K1 [K2, S, K1] 5 times, K2, SM, K1

Blue - Row 53: SP, SM, K23, SM, K1

Blue - Rows 54-55-56: Repeat Row 53

White - Row 57: SP, SM, K3, S, [K1, DS, K1, S] 4 times, K3, SM, K1

White - Row 58: SP, SM, K3, [S, K3] 5 times, S, K3, SM, K1

Blue - Row 59: SP, SM, K4, [K1, S, K2] 4 times, K3, SM, K1

Blue - Row 60: SP, SM, K3 [K2, S1, K1] 4 times, K4, SM, K1

Blue - * Row 61: SP, SM, K1, SKPO, K17, K2T, K1, SM, K1 (23 sts)

Blue - Row 62: SP, SM, K21, SM, K1 (23 sts)

Blue - Rows 63-64: Repeat Row 62

White * - Row 65: SP, SM, K1, SKPO, K1, S, [K1, DS, K1, S] 3 times
K1, K2T, K1, SM, K1 (21 sts)

White - Row 66: SP, SM, K3, [S, K3], 3 times, S, K3, SM, K1 (21 sts)

Blue - Row 67: SP, SM, K4, [K1, S, K2] 3 times, K3, SM, K1 (21 sts)

Blue - Row 68: SP, SM, K3, [K2, S, K1] 3 times, K4, SM, K1 (21 sts)

Blue * - Row 69: S, SM, K1, SKPO, K13, K2T, K1, SM, K1 (19 sts)

Blue - Row 70: SP, SM, K17, SM, K1 (19 sts)

Blue - Row 71 -72: Repeat Row 70

White * - Row 73: SP, SM, K1, SKPO, K1, S, [K1, DS, K1, S] 2 times,
K1, K2T, K1, SM, K1 (17 sts)

White - Row 74: SP, SM, K3, [S, K3] 2 times, S, K3, SM, K1 (17 sts)

Blue - Row 75: SP, SM, K4, [K1, S, K2] 2 times, K3, SM, K1 (17 sts)

Blue - Row 76: SP, SM, K3, [K2, S, K1] 2 times, K4, SM, K1 (17 sts)

Blue * - Row 77: SP, SM, K1, SKPO, K9, K2T, K1, SM, K1 (15 sts)

Blue - Row 78: SP, SM, K13, SM, K1 (15 sts)

Blue - Rows 79-80: Repeat Row 78

Patriotic Chicken- Top Half of the Undersection Continued

White * - Row 81: SP, SM, K1, SKPO, K1, S, K1, DS , K1, S, K1, K2T, K1, SM, K1 (13 sts)

White - Row 82: SP, SM, K3, S, K3, S, K3, SM, K1 (13 sts)

Blue - Row 83: SP, SM, K5, S, K5, SM, K1 (13 sts)

Blue - Row 84: SP, SM, K5, S, K5, SM, K1 (13 sts)

Blue * - Row 85: SP, SM, K1, SKPO, K5, K2T, K1, SM, K1 (11 sts)

Blue - Row 86: SP, SM, K9, SM, K1 (11 sts)

Rows 87-88: Repeat Row 86

Blue * - Row 89: SP, SM, K1, SKPO, K3, K2T, K1, SM, K1 (9 sts)

Blue - Row 90: SP, SM, K7, SM, K1 (9 sts)

Blue * - Row 91: SP, SM, K1, SKPO, K1, K2T, K1, SM, K1 (7 sts)

Blue - Row 92: SP, SM, K5, SM, K1 (7 sts)

Blue * - Row 93: SP, SM, K1, SK2TPO, K1, SM, K1 (5 sts)

Blue - Row 94: SP, SM, K3, SM, K1 (5 sts)

Blue * - Row 95: SP, SM, SK2TPO, SM, K1 (3 sts)

Blue - Row 96: SP, SM, K1, SM, K1 (3 sts)

Blue * - Row 97: SK2TPO (1 sts)

Blue - Row 98: Cut Blue yarn and pull yarn tail through loop to tie off.

The pieces of your Patriotic Chicken are ready to be stitched together according to the written pattern.

I hope you have enjoyed my pattern adaptations to make the
Patriotic Emotional Support Chicken.

If you have any questions or comments about my adaptations,
please contact me at LongarmU@aol.com

I would LOVE to see photos of YOUR Patriotic Emotional Support Chicken.

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Completed Undersection



Completed Patriotic Chicken
Folded in half - AKA "Road kill"



Completed Patriotic Chicken
Laid Out Flat
AKA - Spatckcock Chicken